Can we make an app where it becomes easier to record dietary information of a person with an eating disorder and be able to use it whenever necessary?

Can we make an app where it becomes easier to record dietary information of a person with an eating disorder and make it accessible whenever necessary?

Can we make an app where it becomes easier to record dietary information of a person with an eating disorder and be able to send the information to doctor/therapist?

Can we make a simple way to help people with an eating disorder to be able to record their dietary information through an app and be able to send the information to therapist/doctor when necessary?

Can we make and app to help people with an eating disorder to be able to record their dietary information in a simple way and can be able to send that information to doctor/therapist?